

**Dr. Kristen M. Clancy, PharmD, MHA**  
*Director, Houston Recovery Initiative*

**Regina Johnson, CHW, RSPS** *Program  
Manager, Houston Recovery Initiative*

# Community, Connection, Collaboration

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**HoustonRecoveryInitiative.org**





# INTRODUCTIONS



## DR. KRISTEN M. CLANCY, PHARMD, MHA

- Pharmacist: 10+ years working for non-profits
- Doctorate of Pharmacy from Texas A&M COP
- Masters in Healthcare Administration from University of Texas Rio Grande Valley
- Former EMT and Police Dispatcher, Public Health Investigator and Academic Researcher
- Founder and Former Director Rx Recovery
- Now Director of the largest recovery-focused coalition in Texas: Houston Recovery Initiative
- Fightin' Texas Aggie Outstanding Alumni Award - 2024





## REGINA JOHNSON, CHW, RSPS

- Certified Community Health Worker
- Certified Recovery Support Peer Specialist
- Thorough and passionate professional with extensive administrative and customer service experience.
- Proven team player who adds value to the organization by empowering and challenging colleagues.
- Successfully co-chaired \$ recovery rallies – both on the local and national level – which encompassed months of planning with multiple individuals and organizations outside of HRI.

ABOUT THE

# HOUSTON RECOVERY INITIATIVE

## HOUSTON RECOVERY INITIATIVE



### What is a ROSC?

- ROSC = Recovery Oriented Systems of Care
- *“Coordinated network of community-based services and supports that is person-centered, builds on the strengths and resiliencies of individuals, families, and communities to achieve abstinence and improved health, wellness, and quality of life for those with or at risk of alcohol and drug problems.” – SAMHSA*

Create an infrastructure or “system of care” with the resources to effectively address the full range of substance use problems within communities.

### What is the Houston Recovery Initiative?

- Founded in 2010 following a request by DSHS to create a ROSC in Houston

## Area of Interest

- Adolescent ROSC / Youth
- Behavioral Health / Healthcare
- Faith-based Recovery
- Families in Recovery / Parents
- Recovery Housing / Housing
- Law Enforcement / Justice Involved
- Lifespan Prevention Epidemiology
- Overdose Awareness and Opioid Taskforce
- Peers Supporting Peers
- Recovery Advocacy
- Recovery Community Centers
- Recovery to Work (Employment)
- Working w/ Community Resources
- Do you live/work in or around Spring Branch?
- \*\*\*\* NEW \*\*\*\* BIPOC
- \*\*\*\* NEW \*\*\*\* LGBTQ+
- \*\*\*\* NEW \*\*\*\* Women's
- \*\*\*\* NEW \*\*\*\* Veterans and First Responders

# Drug-Free Communities





# AGENDA

# OBJECTIVES

1. Introduction
2. Meet the Speakers
3. Houston Recovery Initiative
4. Recovery Oriented System of Care (ROSC)
5. History of the ROSC
6. Leveraging partnerships to build a stronger and more effective recovery community.
7. Introduction of Cohort Members
8. How to partner and maintain your own identity and mission fidelity.
9. Partnering with organizations we may not usually think of as partners.
10. Avoiding duplication of services.
11. “Staying in your lane”
12. How to navigate risk and purpose alignment.
13. How to align with partners that don't expect your organization to do everything for a project.
14. How to navigate boundaries so there isn't mission creep or pressure to change just to have funds/partnership.
15. Summary





# LEVERAGING PARTNERSHIPS

# LEVERAGING PARTNERSHIPS TO BUILD A STRONGER AND MORE EFFECTIVE RECOVERY COMMUNITY.

## Enhancing Collaboration

- Networking allows professionals to
  - connect,
  - share resources, and
  - collaborate effectively.
- By pooling our expertise and resources,
  - we can offer comprehensive,
  - coordinated care to those in need.

## Strengthening Referral Networks

- Establishing strong referral networks
  - enables providers to connect clients
  - with the most appropriate services.
- By working together, we can ensure that
  - clients receive timely and seamless
  - access to the support they need.

# LEVERAGING PARTNERSHIPS TO BUILD A STRONGER AND MORE EFFECTIVE RECOVERY COMMUNITY.

## Leveraging Technology

- Technology can facilitate
  - networking and
  - collaboration
- Platforms such as
  - online directories,
  - telehealth systems, and collaborative tools
- Streamline
  - communication and
  - resource-sharing.

## Building Community Partnerships

- Collaborating with
  - community organizations,
  - schools, and
  - local agencies
- expands our reach and impact.

***Together, we can address social determinants of mental health and promote holistic well-being.***



# COHORT INTRODUCTIONS



**TOGETHER – BUT SEPARATE**

# HOW TO PARTNER AND MAINTAIN IDENTITY AND MISSION FIDELITY

## Your Organization

- Brief overview of organization's mission/identity
- Define organization's core values
- Mission Statement
- Goals (Broad)
- Objectives (Specific and Measurable)

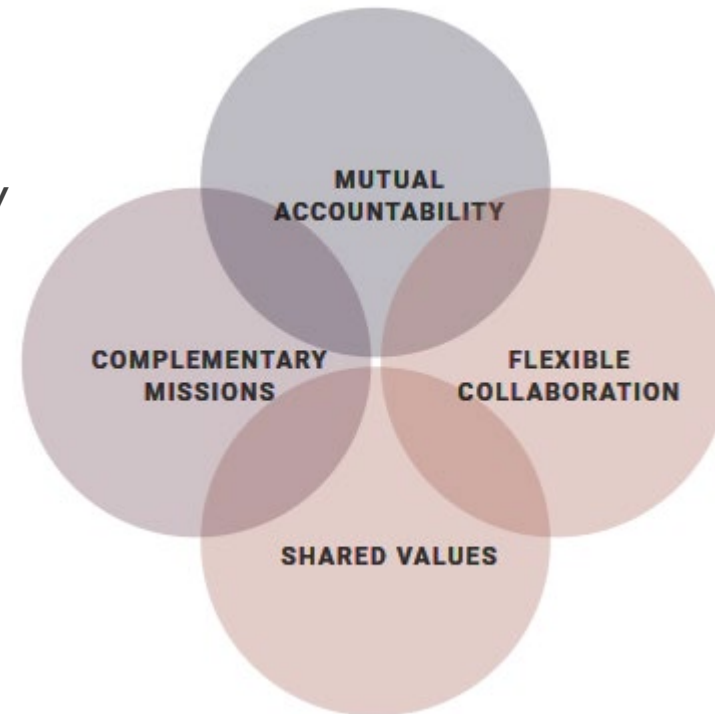
## Partner Organization

- “Elevator Pitch”
- Core Values
- Mission Statement
- Goals – Definitely
- Objectives - Maybe

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**UNIQUE PARTNERSHIPS**



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# PARTNERING WITH ORGANIZATIONS WE MAY NOT USUALLY THINK OF AS PARTNERS.





# AVOIDING DUPLICATION

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# AVOIDING DUPLICATION OF SERVICES

## Understanding Duplication

- Duplication occurs when
  - multiple organizations or individuals offer
  - similar mental health services in the same community.
- Duplication can lead to
  - inefficiencies,
  - wasted resources, and
  - gaps in care for those in need.

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# AVOIDING DUPLICATION OF SERVICES

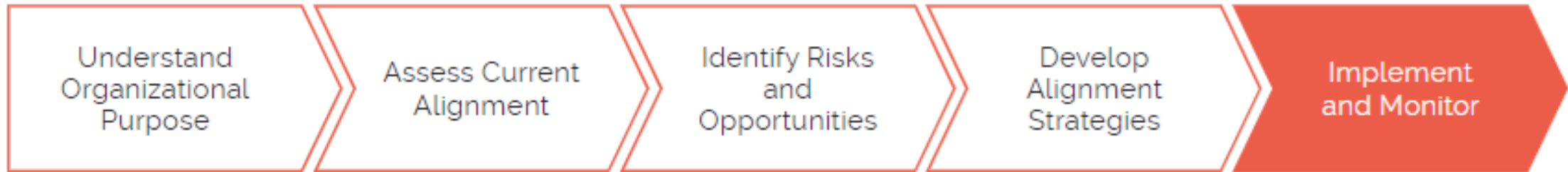
## The Cost of Duplication

- Financial burden
  - Duplication wastes valuable resources that could be better allocated to underserved areas or innovative programs.
- Emotional toll
  - Clients may experience
    - Confusion
    - frustration, and
    - disconnection when navigating overlapping services.



# RISK AND PURPOSE

# ALIGNING ORGANIZATIONAL PURPOSE AND RISK MANAGEMENT



Clearly define and communicate the core purpose, mission, and values of the organization. This will help ensure alignment across all activities and decisions.

Evaluate the current state of alignment between organizational purpose and day-to-day operations, policies, and risk management. Identify any gaps or misalignment.

Analyze the potential risks and opportunities that may impact the organization's ability to achieve its purpose. Consider both internal and external factors.

Create a plan to address the identified gaps and ensure that the organization's purpose, activities, and risk management are fully aligned. This may involve adjusting policies, processes, or resource allocation.

Implement the alignment strategies and continuously monitor their effectiveness. Adjust as needed to maintain a strong, purposeful, and risk-aware organization.



**ALIGN WITH ACTIVE PARTNERS**

# ALIGNING WITH PARTNERS: SHARED RESPONSIBILITY

## DEFINE SHARED GOALS

Establish clear, mutually-beneficial objectives that both organizations can work towards collectively.

## LEVERAGE UNIQUE STRENGTHS

Identify and capitalize on the specific capabilities and resources each partner brings to the table.

## ESTABLISH OPEN COMMUNICATION

Maintain regular, transparent dialogue to address challenges, share progress, and make adjustments as needed.

## ALLOCATE ROLES AND RESPONSIBILITIES

Clearly define the roles and responsibilities of each partner to ensure efficient and effective collaboration.

## FOSTER A CULTURE OF TRUST

Build a foundation of trust and respect to enable a collaborative, supportive working relationship.

## EMBRACE FLEXIBILITY

Be open to adapting plans and processes as the partnership evolves to meet changing needs and priorities.





# NAVIGATING BOUNDARIES

# NAVIGATING BOUNDARIES: FUNDING WITHOUT COMPROMISE

## CLEARLY DEFINE YOUR BOUNDARIES

Establish clear and specific boundaries around your mission, values, and principles. These boundaries should guide your decision-making process when seeking funding.

## PRIORITIZE ALIGNMENT OVER FUNDING

Carefully evaluate potential funding sources to ensure they align with your organization's mission and values. Avoid compromising your principles just to secure funding.

## DIVERSIFY FUNDING SOURCES

Seek a mix of funding sources, such as grants, donations, and earned income, to reduce reliance on any single source and maintain autonomy.

## NEGOTIATE FUNDING TERMS

When accepting funding, negotiate terms that preserve your organization's independence and decision-making power. Ensure there are no hidden agendas or strings attached.

## COMMUNICATE YOUR BOUNDARIES

Clearly communicate your boundaries and non-negotiable principles to potential funders. Educate them on the importance of respecting your organization's autonomy.

## SEEK ALLIES AND ADVOCATES

Cultivate relationships with like-minded organizations and individuals who can support and advocate for your boundaries when navigating the funding landscape.



# FINAL THOUGHTS



# FINAL THOUGHTS

- Remember why you WANT/NEED to network
- Stay open-minded when approaching events, people, organizations
- Stay humble!
- Any questions?

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# THANK YOU!! ANY QUESTIONS?

Dr. Kristen M. Clancy, PharmD, MHA  
Director, Houston Recovery Initiative  
[Kristen.Clancy@HoustonHealthFoundation.org](mailto:Kristen.Clancy@HoustonHealthFoundation.org)

Regina Johnson, CHW, RSPS  
Program Manager - Houston Recovery Initiative  
[rjohnson@houstonrecoveryinitiative.org](mailto:rjohnson@houstonrecoveryinitiative.org)

## Monthly meetings

- 3<sup>rd</sup> Friday of every month via Zoom
- Every quarter in person!!! (FREE FOOD)

Visit us and reach out at <https://houstonrecoveryinitiative.org/contact/>

